

Our Rebel Heart

Choreographed by Barb & Dave Monroe (www.poconocowboy.com) 2/17

Description: 32 Count Intermediate Pattern Partner Circle Dance

Music: Road Less Traveled by Lauren Alaina

Baby Let's Lay Down and Dance by Garth Brooks

East Coast Swing Rhythm

Start: Sweetheart position facing LOD. footwork is the same except where noted.

Shuffle forward, Rock, Recover (Lady ½ turn), Slide side, Shuffle side

1&2 Shuffle forward L, R, L

3-4 **Man:** Rock forward R, recover L (bringing R arm over lady's head as she turns)

Lady: Step forward R, turn ½ turn L weight on L (facing BLOD)

5-6 Both slide side R slightly, step L beside R (now face to face with partner) (drop R arms)

7&8 Shuffle side R, L, R (join L hands as you shuffle side)

(NOTE; partners can clap each others hands on count 6)

Rock back, Recover, Shuffle side, Rock back, Recover (Lady ½ turn), Shuffle forward

1-2 Rock back on L, recover R

3&4 Shuffle side L, R, L (connect R arm to R arm) (man on ILOD and lady on OLOD)

5-6 **Man:** Rock back R, recover L (bring R arm to lady's R shoulder as she turns)

Lady: Step forward R (to BLOD), turn ½ turn L weight on L (facing LOD)

7&8 Both shuffle forward (to LOD) R, L, R (reconnect L arms)

Shuffle side, Rock, Recover, Shuffle side, Rock, Recover

1&2 Shuffle side L, R, L

3-4 Rock back on R, recover on L

5&6 Shuffle side R, L, R

7-8 Rock back on L, recover R

Walk, Walk, Shuffle, Walk, Walk, Shuffle (optional full turn)

1-2 Walk forward L, R

3&4 Shuffle forward L, R, L

5-6 Walk forward R, L

7&8 Shuffle forward R, L, R (optional full turn for lady or for both)

Begin Again